

Washington Behavioral Risk Factor Surveillance System

2004 Tobacco Survey Results

Thurston County

What is your age?

n = 508

18 - 34	30.5%	(± 5.1%)
35 - 54	45.9	(± 5.1)
55 - 74	16.4	(± 3.2)
75+	7.2	(± 2.1)

Gender

n = 508

Male	52.0%	(± 5.1%)
Female	48.0	(± 5.1)

Which one of these groups would you say best represents your race...

n = 500

White	89.8%	(± 3.6%)
Black or African American	1.8	(± 1.4)
Asian	2.8	(± 1.9)
Native Hawaiian or Other Pacific Islander	1.0	(± 1.0)
American Indian, Alaska Native	0.8	(± 0.9)
Other race	3.2	(± 2.7)
No preferred race	0.6	(± 0.7)

Are you Hispanic or Latino/Latina?

n = 503

Yes	6.2%	(± 3.5%)
No	93.8	(± 3.5)

Marital status

n = 505

Married	59.4%	(± 5.1%)
Divorced	10.0	(± 2.6)
Widowed	5.0	(± 1.6)
Separated	2.2	(± 1.4)
Never been married	17.8	(± 4.5)
Or a member of an unmarried couple	5.7	(± 2.7)

How many children less than 18 years of age live in your household?

n = 506

None	57.3%	(± 5.1%)
1	19.7	(± 4.2)
2	16.3	(± 3.9)
3 or more	6.7	(± 2.6)

What is the highest grade or year of school you completed?

n = 506

Some high school or less	8.7%	(± 3.4%)
High school graduate or GED	19.7	(± 4.2)
Some college or technical school	33.9	(± 4.7)
College graduate or more	37.7	(± 5.0)

*Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 506	
Employed for wages	53.5%	(± 5.1%)
Self-employed	9.0	(± 3.2)
Out of work	6.0	(± 2.4)
Homemaker	5.9	(± 2.2)
Student	8.3	(± 3.5)
Retired	13.9	(± 3.0)
Or unable to work	3.3	(± 1.6)

Annual household income from all sources	n = 457	
Less than \$20,000	13.7%	(± 3.7%)
\$20,000 to less than \$50,000	36.2	(± 5.1)
\$50,000 or more	50.1	(± 5.4)

Have you smoked at least 100 cigarettes in your entire life?	n = 1126	
Yes	49.4%	(± 3.4%)
No	50.6	(± 3.4)

<i>Among those that have smoked at least 100 cigarettes in their entire life:</i>		
Do you now smoke cigarettes everyday, some days, or not at all?	n = 553	
Everyday	31.0%	(± 4.8%)
Some days	11.9	(± 3.8)
Not at all	57.1	(± 5.0)

<i>Among current smokers:</i>		
During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 208	
Yes	60.1%	(± 7.9%)
No	39.9	(± 7.9)

Current cigarette smoking prevalence:	n = 1124	
(every day or some day smokers among the whole population)	21.2%	(± 3.1%)

<i>Among those that have smoked at least 100 cigarettes:</i>		
Did you smoke any cigarettes during the past 30 days?	n = 237	
Yes	44.6%	(± 7.6%)
No	55.4	(± 7.6)

<i>Among those that have smoked in the past 30 days:</i>		
On how many days of the past 30 days did you smoke cigarettes?	n = 91	
Less than 30 days	22.5%	(± 10.0%)
30 days	77.5	(± 10.0)

<i>Among those that have smoked in the past 30 days:</i>		
On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 94	
Average:	14.7	(± 3.1)

*Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 498	
Yes	24.3%	(± 4.8%)
No	75.7	(± 4.8)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 91	
None	90.2%	(± 6.6%)
Less than 30 days	3.8	(± 4.4)
30 days	6.0	(± 5.1)

Current smokeless tobacco prevalence:	n = 498	
(any use in past 30 days among the whole population)	2.4%	(± 1.6%)

In the past month, have you smoked a cigar, even just a puff?	n = 498	
Yes	8.6%	(± 3.6%)
No	91.4	(± 3.6)

Current tobacco use (all types of tobacco)	n = 498	
Current daily tobacco user	26.8%	(± 4.8%)
Current non-tobacco user	73.2	(± 4.8)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 142	
Within the past month (less than 1 month ago)	0.0%	(± 0.0%)
Within the past 3 months (1-3 months ago)	4.8	(± 7.6)
Within the past 6 months (3-6 months ago)	1.0	(± 1.5)
Within the past year (6-12 months ago)	1.2	(± 1.5)
Within the past 5 years (1-5 years ago)	23.2	(± 8.5)
Within the past 15 years (5-15 years ago)	21.5	(± 7.2)
More than 15 years ago	47.7	(± 9.6)
Never used regularly	0.6	(± 1.3)

Among former smokers:

When you last smoked cigarettes regularly, on average, how many days per month did you smoke?	n = 142	
Average:	29.1	(± 1.6)

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day?	n = 142	
Average:	20.0	(± 3.3)

*Estimates based on sample sizes less than 50 were omitted.

Among never smokers less than 30 years old:

Do you think that you will smoke a cigarette anytime during the next year?

n = 28

Definitely yes
Probably yes
Probably no
Definitely no

*	*
*	*
*	*
*	*

Among never smokers less than 30 years old:

If you or your best friends offered you a cigarette, would you smoke it?

n = 28

Definitely yes
Probably yes
Probably no
Definitely no

*	*
*	*
*	*
*	*

Among current tobacco users:

About how much do you usually spend on tobacco products every week?

n = 105

Less than \$25
At least \$25 but less than \$55
More than \$55

71.2%	(± 10.3%)
27.4	(± 10.1)
1.5	(± 2.8)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation?

n = 109

Yes
No

40.9%	(± 10.8%)
59.1	(± 10.8)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet?

n = 111

Yes
No

0.0%	(± 0.0%)
100.0	(± 0.0)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling?

n = 111

Yes
No

0.9%	(± 1.8%)
99.1	(± 1.8)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco.

n = 232

Strongly agree
Somewhat agree
Somewhat disagree
Strongly disagree

36.8%	(± 7.1%)
22.1	(± 6.3)
26.3	(± 6.9)
14.8	(± 5.2)

*Estimates based on sample sizes less than 50 were omitted.

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever?	n = 239	
Within the past year (1-12 months)	21.6%	(± 5.9%)
Within the past three years (1-3 years)	10.1	(± 5.4)
3 or more years ago	23.9	(± 6.0)
They never advised me to quit	44.4	(± 7.4)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?	n = 245	
Within the past year (1-12 months)	13.0%	(± 5.2%)
Within the past three years (1-3 years)	5.0	(± 3.3)
3 or more years ago	6.4	(± 3.4)
They never advised me to quit	75.5	(± 6.4)

Among current/former tobacco users:

When was the last time a PHARMACIST advised you to quit, if ever?	n = 245	
Within the past year (1-12 months)	1.6%	(± 1.6%)
Within the past three years (1-3 years)	0.0	(± 0.0)
3 or more years ago	0.4	(± 0.8)
They never advised me to quit	98.0	(± 1.8)

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?	n = 139	
Yes	44.6%	(± 9.8%)
No	55.4	(± 9.8)

What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . . n = 425

Your employer	44.7%	(± 5.5%)
Someone else's employer	18.0	(± 4.4)
A plan that you or someone buys on your own	8.9	(± 3.3)
Medicare	12.4	(± 3.1)
Medicaid or Medical Assistance	5.9	(± 2.4)
The military, CHAMPUS, or the VA	9.5	(± 3.4)
The Indian Health Service	0.0	(± 0.0)
Some other source	0.5	(± 0.9)

Among current and recent former smokers:

Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?	n = 94	
Yes	55.9%	(± 12.8%)
No	44.1	(± 12.8)

*Estimates based on sample sizes less than 50 were omitted.

Among current and recent former smokers:

Within the past year, did your employer offer any stop-smoking class or other programs to help employees quit using tobacco? n = 47

Yes	*	*
No	*	*

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 68

Yes	29.7%	(± 13.0%)
No	33.5	(± 13.8)
Don't know/Not sure	36.7	(± 14.4)

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 94

Yes	57.6%	(± 12.7%)
No	42.4	(± 12.7)

Among current and recent former smokers who have heard of the "Quit-Line":

Would you ever call a telephone support service for help in quitting tobacco? n = 86

Definitely Yes	15.5%	(± 10.3%)
Probably Yes	29.7	(± 11.8)
Probably No	27.6	(± 11.2)
Definitely No	27.2	(± 12.4)

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 51

Yes	16.6%	(± 15.1%)
No	83.4	(± 15.1)

Among current tobacco users:

Would you like to quit using tobacco? n = 100

Yes	70.5%	(± 10.0%)
No	29.5	(± 10.0)

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 73

Yes	80.9%	(± 10.0%)
No	19.1	(± 10.0)

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 64

Yes	50.3%	(± 15.0%)
No	43.2	(± 14.7)
Don't know/Not sure	6.5	(± 5.2)

*Estimates based on sample sizes less than 50 were omitted.

Are you currently registered to vote?	n = 489	
Yes	83.5%	(± 4.3%)
No	16.5	(± 4.3)

Which of the following statements best describes the rules about smoking in your home. . .	n = 493	
No one is allowed to smoke anywhere inside your home	85.5%	(± 3.7%)
Smoking is allowed at some places or at some times	9.0	(± 2.8)
Smoking is permitted anywhere inside your home	5.6	(± 2.7)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 497	
No current smokers in household	68.5%	(± 4.9%)
1	20.0	(± 4.1)
2	8.1	(± 3.0)
3 or more	3.4	(± 2.5)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 495	
None	87.9%	(± 3.5%)
Less than 30	5.6	(± 2.4)
30 days	6.5	(± 2.8)

If it were just up to you, would you let people smoke inside your home?	n = 494	
Yes	7.5%	(± 2.5%)
No	92.5	(± 2.5)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 296	
Office	48.8%	(± 6.6%)
Store	7.3	(± 3.4)
Restaurant or Bar	5.7	(± 3.4)
Warehouse or factory	3.4	(± 2.7)
Home/Someone elses home	10.3	(± 4.4)
Outdoors	5.7	(± 2.9)
Car or truck	4.0	(± 2.8)
Classroom	8.4	(± 3.7)
Hospital	3.3	(± 2.0)
Somewhere else	3.1	(± 3.0)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 284	
Yes	7.1%	(± 3.8%)
No	92.9	(± 3.8)

*Estimates based on sample sizes less than 50 were omitted.

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 277

Yes	4.4%	(± 3.3%)
No	95.6	(± 3.3)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 277

Yes	3.4%	(± 2.6%)
No	96.6	(± 2.6)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 296

None	88.3%	(± 4.3%)
Less than one hour	6.7	(± 3.3)
One hour or more	5.1	(± 2.9)

In general, would you say that breathing secondhand smoke is. . .

n = 491

Not at all annoying to you	11.4%	(± 3.4%)
A little bit annoying	14.5	(± 4.1)
Somewhat annoying	22.5	(± 4.3)
Very annoying to you	51.6	(± 5.2)

Would you say that breathing secondhand smoke is. . .

n = 469

Not at all harmful	2.1%	(± 1.3%)
A little bit harmful	8.2	(± 3.6)
Somewhat harmful	25.8	(± 4.7)
Very harmful	63.9	(± 5.3)

All children should be protected from secondhand smoke.

n = 483

Strongly agree	82.1%	(± 4.2%)
Somewhat agree	12.2	(± 3.5)
Somewhat disagree	4.7	(± 2.6)
Strongly disagree	1.0	(± 0.8)

Do you think that smoking should not be allowed at all in restaurants?

n = 489

Yes	69.6%	(± 4.8%)
No	26.8	(± 4.7)
Don't know/Not sure	3.5	(± 1.8)

Do you think that smoking should not be allowed in bars and lounges?

n = 487

Yes	35.0%	(± 5.0%)
No	57.0	(± 5.1)
Don't know/Not sure	8.0	(± 2.6)

*Estimates based on sample sizes less than 50 were omitted.

Do you think that smoking should not be allowed in outdoor public areas where children may be present?		n = 492
Yes	52.0%	(± 5.2%)
No	40.9	(± 5.1)
Don't know/Not sure	7.1	(± 2.9)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 480
Strongly agree	52.0%	(± 5.2%)
Somewhat agree	20.6	(± 4.3)
Somewhat disagree	17.5	(± 4.2)
Strongly disagree	9.9	(± 3.2)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 478
Strongly agree	47.3%	(± 5.2%)
Somewhat agree	27.7	(± 4.8)
Somewhat disagree	12.8	(± 3.2)
Strongly disagree	12.1	(± 3.5)

School officials should make sure that all children receive anti-tobacco education.		n = 494
Strongly agree	82.1%	(± 3.9%)
Somewhat agree	12.8	(± 3.5)
Somewhat disagree	1.6	(± 1.1)
Strongly disagree	3.5	(± 1.8)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 489
Strongly agree	85.1%	(± 3.8%)
Somewhat agree	8.1	(± 2.8)
Somewhat disagree	3.9	(± 2.4)
Strongly disagree	2.9	(± 1.5)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 467
Yes	43.5%	(± 5.3%)
No	56.5	(± 5.3)

There are so many things that cause cancer, tobacco use is not going to make any difference.		n = 488
Strongly agree	6.0%	(± 2.2%)
Somewhat agree	6.8	(± 2.8)
Somewhat disagree	12.0	(± 3.3)
Strongly disagree	75.3	(± 4.4)

*Estimates based on sample sizes less than 50 were omitted.

Would you ever use or wear something that has a tobacco company logo or picture on it?		n = 487	
Yes	15.3%	(± 3.8%)	
No	84.7	(± 3.8)	

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it?		n = 488	
Yes	10.4%	(± 3.2%)	
No	89.6	(± 3.2)	

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?		n = 491	
Yes	13.9%	(± 3.3%)	
No	86.1	(± 3.3)	

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away?		n = 493	
Yes	9.2%	(± 3.6%)	
No	90.8	(± 3.6)	

Tobacco companies should have the same rights to advertise their products as other companies.		n = 465	
Strongly agree	19.6%	(± 4.0%)	
Somewhat agree	30.6	(± 5.0)	
Somewhat disagree	14.4	(± 3.7)	
Strongly disagree	35.5	(± 5.0)	

<i>Among people with children ages 12 to 17:</i>			
Have you told your child specifically that you do not want him or her to use tobacco?		n = 103	
Yes	92.4%	(± 6.2%)	
No	7.6	(± 6.2)	

*Estimates based on sample sizes less than 50 were omitted.